

### **GOOD MANNERS IN 2010**



by Clancy Philippe

I came across a small booklet titled "Politeness" published in 1929 for the Sisters of St Joseph, in which there is a listing of what were considered good manners in 1929. On the next day, my granddaughter Annabelle paid us a visit and I asked her: "When you were at school, did your teachers teach you politeness or good manners as part of your education." She told me "No." That was subsequently confirmed by others, I was dumbfounded and could not believe that the social art of politeness was not taught at school anymore. Just like many of the young ones cannot write or count properly, many do not have any idea what good manners are all about. When queried, they would just respond by saying: "You are too old fashioned."

How many times have you come across kids who have no idea as to how to behave. Many parents have not been taught good manners at school either. So where do these kids learn good manners if their parents do not have any idea as to what good manners are all about. Today, legislation has to be passed so that people do not put their feet on seats when travelling by public transport.

Teaching our children good manners should be compulsory at school. At home, parents must educate their children about behaving in socially acceptable manners. If they do not, a very sad situation has been created indeed. Many of the politicians who have the ultimate responsibility to manage our society do not have any idea what good manners are all about either, judging from their inappropriate behaviours in parliamentary debates.

To round off the point, some pointers in the aforementioned 1929 publication that are still relevant: Always say "Please" and "Thank You"; Be careful not to make noise when chewing your food; Treat visitors with respect; Make your quests feel at home: Show respect for your elders; Never bite more than you can chew; Be careful not to put more on your plate that you can eat; Never wear your hat in the house and Always salute those whom you know.

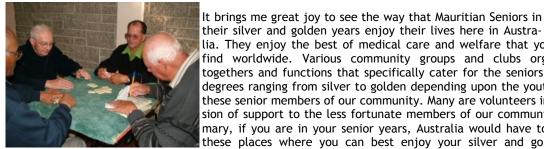
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#### Special points of interest:

- Air Mauritius Expansion
- Air Mauritius Specials
- Mauritian Seniors in Australia
- Art of Politeness
- Madeleine Philippe **Cancer Foundation** (Aus) Inc

#### MAURITIAN SENIORS IN AUSTRALIA



their silver and golden years enjoy their lives here in Australia. They enjoy the best of medical care and welfare that you will ever find worldwide. Various community groups and clubs organise gettogethers and functions that specifically cater for the seniors, in varying degrees ranging from silver to golden depending upon the youthfulness of these senior members of our community. Many are volunteers in the provi-

sion of support to the less fortunate members of our community. In summary, if you are in your senior years, Australia would have to be one of these places where you can best enjoy your silver and golden years.

#### SALUONS MAHÉ DE LA BOURDONNAIS-FONDATEUR DE LA COLONIE

Cet homme, debout sur son socle de pierre, c'est Mahé de la Bourdonnais, né le 11 février 1699 à Saint-Malo, nommé par le Roi gouverneur général des Iles de France et de Bourbon en 1734. Cette Ile de France, il ne l'a pas faite seule. Beaucoup d'intelligences et d'énergies se sont ajoutées aux siennes pour parachever l'oeuvre.

Mais ce fut lui qui, d'un désert, fit sortir en quelques années un embryon de civilisation auquel il conféra un pouvoir de croissance étonnant. Vous voyez ici, dans l'auréole des palmiers, son visage tourné vers cette rade de Port-Louis, qu'il choisit entre toutes les baies de l'île pour en faire le port sûr et précieux de l'Océan Indien occidental, dont la Compagnie des Indes avait grand besoin. Ce n'est pas seulement le port qu'il fit construire mais la ville. Il entreprit tous les travaux qui pouvaient être exécutés dans cette île lointaine, à cette époque.

Il fut aussi haï, jalousé, trahi que peut l'être un novateur hardi, dont chaque entreprise est un succès. Une nuée de calomniateurs, dont il avait blessé la suffisance ou arrêté les louches trafics, se dressèrent dans son dos. Lorsqu'il revint de l'Inde, à la fin de 1746, après avoir pris Madras,



il trouva un autre gouverneur installé à l'Île de France et dut repartir peu après pour aller se justifier. Capturé en mer par les Anglais il lut conduit à Londres et traité avec les plus grands égards. « On doit, lui dit le Prince de Galles, estimer un sujet qui sert si bien son Roi et fait la guerre en ennemi humain et généreux. »

Il fut emprisonné à la Bastille, à son arrivée à Paris, en février 1748. Ayant prouvé son innocence de la façon la plus claire, il sortit de la sinistre prison, lavé des accusations qu'une séquelle de lâches avaient fait peser sur lui. Mais trois années de cachot avaient ruiné sa santé. Il expira le 9 septembre 1753. L'Histoire lui a rendu justice. Elle a démontré sa haute intelligence, son mérite éminent. C'est cette intelligence et ce mérite que nous vous invitons à saluer.

Extrait de "l'Ile Maurice et sa civilisation" Noël D'Unienville 1949.



www.airmauritius.com



#### Augmentation de capacité de plus de 15% d'avril 10 à mars 2011

Air Mauritius augmente sa capacité de plus 15 % sur son réseau afin de donner plus de possibilités et de choix à ses clients. Les fréquences et les capacités évoluent selon le schéma décliné ci dessous : -

<u>Londres</u>: La compagnie passe de trois à quatre rotations hebdomadaires, avec une fréquence le mercredi et le jeudi et deux rotations le samedi. Du 5 au 12 avril et du 19 juillet au 6 septembre 2010, un cinquième vol hebdomadaire sera opéré sur la capitale britannique le lundi. A partir de novembre 2010, la compagnie opère 5 fréquences jusqu'à fin mars 2011. Un sixième vol hebdomadaire est prévu le mardi du 14 décembre 2010 au 11 janvier 2011.

Afrique du Sud: 12 000 sièges additionnels sont prévus pendant la coupe du monde de football.

<u>Johannesburg</u>: Un vol hebdomadaire additionnel est prévu le lundi, ce qui permet un vol quotidien sur la destination. <u>Durban</u>: Air Mauritius passe d'une fréquence à deux vols hebdomadaires le mardi et dimanche à partir du 2 mai 2010.

Delhi : Un deuxième vol le mercredi à partir du 31 mars 2010.

Australie: Perth Un vol direct le samedi, à partir du 3 juillet 2010.

Sydney/Melbourne: Reprise de notre desserte de Sydney en continuation de notre vol sur Melbourne le à partir du 5 juillet 2010. Singapour et Kuala Lumpur: Du 14 juillet au 18 août 2010, il y aura une troisième fréquence hebdomadaire les mercredis, en sus des vols opérés actuellement le mardi et le vendredi.

Nairobi : Un deuxième vol le samedi à partir du 3 juillet 2010.

« Nous avons renoué avec la croissance sur plusieurs marchés qui présentaient des signes de reprise. Nous jouons ainsi pleinement notre rôle de compagnie nationale soutenant la destination Maurice. Nous continuons à suivre la situation de près sur tous nos marchés afin de saisir toutes les opportunités et adapter notre offre en conséquence. Nous demeurons toutefois vigilants car la reprise demeure difficile sur certains axes. Nous devons aussi tenir compte du prix du carburant toujours élevé influant sur nos coûts d'opération,» affirme Donald E. Payen, Directeur Commercial d'Air Mauritius.

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#### Cancer Early Detection and Care in Rodrigues



The Madeleine Philippe Cancer Foundation (Aus) Inc. has been contacted by friends in Rodrigues Island in relation to the early detection of breast and ovarian cancers in Rodrigues. We were told that apart from GP palpation and pap smears, it would appear that there are no other arrangements in place to implement measures for the early detection of cancers in Rodriguan women. Whilst we understand that the same level of medical facilities and services in Australia cannot be expected in Mauritius, let alone Rodrigues, essential early cancer detection services are a must-have to save lives. It was painful to learn of the almost total absence of cancer care in Rodrigues. We have no first hand experience or knowledge of medical services in Rodrigues and would refrain from jumping to conclusions. However, it is imperative that services for the early detection of breast and ovarian cancers in Rodriguan women be put in place.

Our own (Madeleine & Clancy Philippe) experience in confronting breast, ovarian and secondary cancers took us through a very steep learning curve. We want to pass on the knowledge and experience acquired through Madeleine's traumatic battle with these cancers to others and in so doing help to save lives. Nobody is totally immune from this dreadful disease that cancer is and "It can happen to you or one of your loved ones".



We are now drawing the attention of medical authorities and government in Mauritius and Rodrigues to this issue and ask them to at least, review the situation so that that Rodriguan women can benefit from the same level of medical services as provided for in Mauritius. In order to assist, the Madeleine Philippe Cancer Foundation (Aus) Inc. will through its contacts in Australia, Mauritius, Rodrigues and worldwide lobby for the provision of essential breast and ovarian cancer early detection services in Rodrigues.

To assist, you are invited to join the Facebook Group for the Madeleine Philippe Cancer Foundation (Aus) Inc. at http://en-gb.facebook.com/group.php?gid=59207918102

The Foundation web site is accessible at <a href="http://www.mpcfaus.org">http://www.mpcfaus.org</a> where you can also assist with a donation to help fund its efforts in promoting the early detection of breast and ovarian cancers.



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#### Rougaille Mailing List.....

We have had many questions about our "rougaille" mailing list. Mauritius Australia Connection has several mailing lists to reach our many subscribers within the Mauritian, Rodriguan and Seychellois Communities. Many of the subscribers are also loyal friends of the Mauritius Community or with special interest in the Mauritian Culture or in Mauritius. Of special interest to many subscribers worldwide, is our 'Recipes from Mauritius' web site making it possible for the whole world to taste our marvellous Mauritian cuisine. We reach in excess of 3000 subscribers through these mailing lists. More than 2000 visitors access our web site daily.

Rougaille is the most well known mailing list as this the "la gazette chiffon bleu" that informs our subscribers of the latest Mauritian Community news and gossips. Serious and meaningful gossips of course. If you wish to join this exclusive mailing list, you are invited to join us at <a href="http://groups.yahoo.com/group/rougaille/join">http://groups.yahoo.com/group/rougaille/join</a>

You can unsubscribe at any time by following the instructions or by emailing Clancy at clancy@cjp.net

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#### Genetically Modified Foods = Toxins in Every Bite?

Corn chips, or tortilla chips, are quite pervasive. Perhaps you've had some yourself this week? Well, let's see how you feel about buying them again once you realize what you're risking by eating them. In the only human feeding study ever published on genetically modified foods, seven volunteers ate so-called Roundup-ready soybeans. These are soybeans that have herbicide-resistant genes inserted into them in order to survive being sprayed with otherwise deadly doses of Roundup herbicide.

In three of the seven volunteers, the gene inserted into the soy transferred into the DNA of their intestinal bacteria, and continued to function long after they stopped eating the GM soy! There are serious medical implications to this finding. However, the GM-friendly UK government, who funded the study, chose not to fund any follow up research to see if GM corn -- which are engineered to produce an insecticide called BT toxin -- might also transfer and continue to create insecticide inside your intestines.

These kinds of studies are sorely needed, and fast, because as of right now, about 85 percent of the corn grown in the US is genetically engineered to either produce an insecticide, or to survive the application of herbicide. And about 91-93 percent of all soybeans are genetically engineered to survive massive doses of Roundup herbicide.

What this means is that nearly ALL foods you buy that contain either corn or soy, in any form, will contain GMO unless it's certified organic by the USDA. Other major GM crops include cottonseed and canola.

When trying to avoid these GM crops, you'd also have to avoid all the derivatives of them, which would include items such as maltodextrin, soy lecitin, and high fructose corn syrup.

Other common GM products include: Some varieties of zucchini, crookneck squash, and papayas from Hawaii. Rennet (containing genetically modified enzymes) used to make hard cheeses and aspartame (NutraSweet). Extract from http://articles.mercola.com/ & Jeffrey Smith (Click on link for interview).

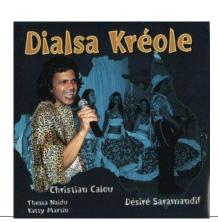
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Linking the Mauritian Community in Australia www.cjp.net This newsletter is published in good faith. Please bring to our attention any inaccuracies and we will take due note. Write to clancy@cjp.net with your feedback.



Access our web site at www.cjp.net

The Mauritius Australia Connection web site receives in excess of 2000 visits daily and provides the Mauritian Community in Australia with a communication network that is accessible online 24/7.

Its mailing lists reach in excess of 3000 subscribers. The message board provides a platform where visitors can network with other visitors not only from Australia, but worldwide.

The Recipes from Australia section has established itself as the most popular Mauritian Cuisine web site on the internet. It consistently achieves top listing on search engines such as Google.

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http://radiotime.com/station/s 1206/MBC Kool FM 917.aspx on Internet.





For the horse racing enthusiasts, you can get the laternail for Melbourne & Sydney Racing at <a href="http://www.cjp.net/melb.htm">http://www.cjp.net/melb.htm</a>



Foods from Mauritius
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