

THE ROUGAILLE CONNEXION

Volume 04, Issue 2

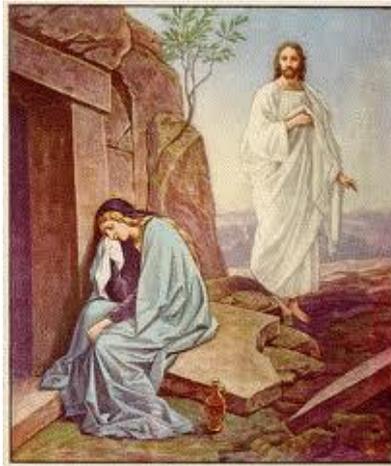
April 2011

REAL MEANING OF EASTER

Most people equate Easter with holiday time when it's time for a break and travel to far away places to have fun and good times. I asked one of my grandsons if he knew what Easter was all about. He could not exactly explain what Easter was all about, despite the fact that he goes to a Catholic school. The situation is not any better with many adults. They all know about Easter eggs, translated into binge eating of chocolate confectioneries. The spiritual side of Easter is almost always ignored.

The purest meaning of Easter is the celebration of the resurrection or rising of Christ to heaven, which is the foundation of Christianity. Easter Sunday reminds all Christians of their heavenly calling and of the open door for relationship with God through Jesus, His Son.

Easter is not only the greatest Christian feast; it is the fulfilment of our faith as Christians. Through His Death, Christ destroyed our bondage to sin; through His Resurrection, He brought us the promise of new life, both in Heaven and on earth. His own prayer, "Thy Kingdom come, on earth as it is in Heaven," begins to be fulfilled on Easter Sunday.



Most religions have similar forms of resurrection and / or the promise of rebirth. More than ever, people faced with the sterility of a materialistic approach to life, are accepting as fact the idea of resurrection or rebirth – that a soul leaves one human body upon death and enters a newly born one. This broad acceptance of resurrection or rebirth can also be attributed to documented testimonies from persons having sustained "Near death experience" or loved ones experiencing "After death communication" with their departed loved ones. These documented reports and testimonies are claiming that physical death is the beginning of another spiritual life, where all people find rest and peace in that new life.

Editorial by Clancy Philippe

KEEP IN TOUCH-SUBSCRIBE

The number of daily visits to our web site is now topping 4500 daily and increasing daily. Please do drop in and visit our updated Recipes from Mauritius pages at <http://ile-maurice.tripod.com>

Subscribe to the Mauritius Australia Connection–Rougaille mailing list at www.cjp.net . Click on the link and register your email address to start receiving the latest news, events and other information about the Mauritian Community in Australia. Mauritius Australia Connection mailing lists will give you access to in excess of 3000 subscribers. The lists are of course moderated to filter out spam and other unsuitable postings. You can also unsubscribe at any time. Do join us now at <http://groups.yahoo.com/group/rougaille/join>



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Special points of interest:

- Easter in a different light
- Surprise your guest with a Poudine Mäis
- Subscribe to Rougaille
- Air Mauritius Specials
- Visits to www.cjp.net tops 4500 daily

Internet Precautions

I constantly see parents allowing their children unlimited freedom to access the internet, without the safety of appropriate software installed on their desk or laptops PC to prevent unscrupulous operators from accessing their files and collecting private data. Kids have the dangerous habit of downloading games and clicking yes to anything that pops up on the screen. Sometimes, adults can also get trapped when they receive emails asking them to renew their passwords due to technical problems. Unknowingly, one can assume that the request is genuine and in a few clicks you have given them access to confidential information.

Some easy traps to avoid:

1. Never respond to emails seeking your private information, unless you have independently verified that the request is genuine;
2. When you hover your cursor above the links, check the address that appears. In many cases you will find that the address within the link is nothing like the genuine site addresses these links presume to be linked with;
3. Always have internet security software installed on your computer;
4. Always have an up to date anti virus software running;
5. If you get an email from someone asking you to click on contained links, always make sure that the sender is genuine;
6. If you are entering or sending confidential credit card information, check to see if the beginning of the address contains https://... and that there is the security padlock displayed in the browser, most often in the bottom right hand corner;
7. If in any doubt at all when accessing a password protected site, change your password immediately;
8. Make sure that your WiFi network system is password protected;
9. If unsure, always get in touch with someone who knows and get qualified advice;
10. If your children are playing games that do not need internet access, switch off the internet connection; and
11. You can always contact the web site owner and/or sender by telephone or independently via an email address obtained from the official website.



Spirit of ANZAC “LEST WE FORGET”

The Spirit of ANZAC was suggested by official war historian C.E.W. Bean to have 'stood, and still stands, for reckless valour in a good cause, for enterprise, resourcefulness, fidelity, comradeship and endurance that will never own defeat.' The Spirit was epitomised in the deeds of Simpson with his donkey at Gallipoli - comradeship, courage and sacrifice: others before self. It also encompasses the laughter, the pride and the love of life that is in every Australian.

LA NAUZE Captain Charles Andrew, 11th Battalion, Australian Imperial Force
 Born 16 Sep 1881, in Mauritius; Educated: Royal College, Mauritius.
 Married; Accountant / Bank accountant, Western Australian Bank, of
 116 Piesse Street, Boulder, WA.; Next Of Kin: Wife; Lily Rose La Nauze, of
 116 Piesse Street, Boulder, WA. Killed in action on 28th June 1915 at Silt
 Spur, Southern Anzac sector; Aged 33



Capt. Charles Andrew
LA NAUZE

Air Mauritius has exciting new airfares via Melbourne & Sydney

Exciting new airfares to Mauritius until 31 Mar'12
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 Melbourne to Mauritius in Low Season from \$1418
 Melbourne to Mauritius in High Season from \$1688
 Low: 01 Feb - 15 Nov. Peak: 16 Nov-31 Jan.
 Airport taxes and levies are included as of 15 Dec'10.
 Conditions apply. Subject to availability.



Fantastic Companion Business Class Special to Mauritius with Air Mauritius for \$ 5000 + airport taxes and levies. Valid from 23 Feb - 30 Apr'11. Conditions apply. Please book now to avoid disappointment. Confirm prices and availability with your travel agent or Air Mauritius.



**Note from May Battista, Sales Executive,
Melbourne Air Mauritius Office**

All I can say is I do congratulate you for your lovely and exotic country, where people are so proud to show me around the lovely Island. This photo of me was taken at the Port Louis market, my favourite shopping place.

I have started working with Air Mauritius since mid-December. Previously, I worked for Air France/ KLM Royal Dutch airlines for 10 years and prior to that I was working with Alitalia Airlines for also 10 years. I originally come from Egypt/Cairo. I speak French/Italian/Arabic/Spanish and of course English. I look forward to knowing you better and assisting you in your travels with Air Mauritius.

Air Mauritius:
www.airmauritius.com
 Melbourne: Level 7,
 246 Bourke Street, Vic 3000
 03 9251 5047

**Sydney: Level 18,
 Suite 1805,
 Australia Square Tower,
 246 George St., NSW 2000**

**Perth: Level 3,
 178 St George Terrace,
 Perth, WA 6000**



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Recipes from Mauritius are available at
<http://ile-maurice.tripod.com>

Poudine Maïs – Polenta Pudding
by Madeleine Philippe



Ingredients:

1. 300 grams of corn meal (polenta)
2. 3-4 tablespoons white sugar (or to taste)
3. 500 ml full cream milk
4. 1 teaspoon natural vanilla essence
5. 2-3 tablespoons sultanas (or to taste)
6. 3-4 tablespoons finely grated coconut
7. 1 tablespoon butter



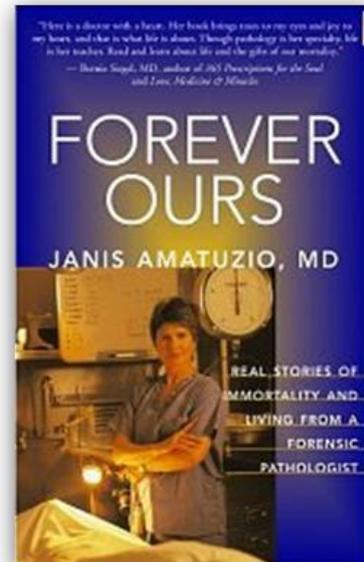
Method:

1. Place the corn meal in cold water (quantity just to cover the corn meal) and skim off the floating bits.
2. Put the corn meal and cold water mixture in a deep saucepan.
3. Over medium low heat, heat up the mixture until the mixture starts to bubble.
4. Pour in the milk into the mixture. Mix thoroughly. Add the sugar, sultanas, butter and vanilla essence. Mix well.
5. Allow to simmer. Stir constantly to avoid burning and cook until all the liquid evaporates.
6. Remove from heat and pour into a shallow buttered serving dish. Sprinkle the finely grated coconut over the top.
7. Put in the fridge and allow to set.
8. Cut into serving pieces and use a flat spatula to spoon out.
9. Enjoy.

FAITH AND LIFE AFTER DEATH

Each and everyone of us has heard of “near death experience” or “conversations that take place between the sick and their departed loved ones” prior to death. Well, I have been pleasantly enlightened to learn that these reports are as real as you and me. I have not personally experienced “near death experience”, but I have recently witnessed “conversations that take place between the sick and their departed loved ones” prior to death. In addition, little things have happened to me recently and continue to happen that bear testimony to similar events such as those described in well known books such as “Forever Ours” by Dr Janis Amatuzio or “Living Consciously and Dying Gracefully” by Nancy Manahan and Becky Bohan.

You could say that I am going crazy. I thought the same way until I experienced these special events and started to re-search published findings on the subject. Dr Janis Amatuzio has researched such events with her colleagues, patients and their loved ones. She has been asked the question: “Does God exist?” to which she replied with an unequivocal “Yes”. To the second question: “Is the soul immortal?” She again replied: “Yes”. These answers draw on reported events described by real people that Dr Janis Amatuzio has interviewed. When asked if she is afraid of death, she replied; “Definitely not.” Her book “Forever Ours” is now recommended reading for the sick and persons who have recently lost loved ones. I have read the book and many more on the subject. I now feel so much at peace with recent events and myself, despite the grief of losing my wife Madeleine last February. This is definitely recommended reading.



The following poem by Colleen Cora Hitchcock explains it all:

*“And if I go While you’re still here....
Know that I live on
Vibrating to a different measure
Behind a veil you cannot see through.
You will not see me, so you must have faith.
I wait for the time when we can soar
together again both aware of each other.
Until then, live life to the fullest !*

For punters who enjoy a bet on Melbourne and Sydney Horse Racing

visit <http://www.cjp.net/melb.htm>

You can also access the best bets for the day and bet on your mobile at <http://www.cjp.net/mobmelb.htm>

Only bet what you can afford to lose.



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*Linking the Mauritian Community in Australia www.cjp.net
This newsletter is published in good faith. Please bring
to our attention any inaccuracies and we will take due
note. Write to clancy@cjp.net with your feedback.*

CJP

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For the horse racing enthusiasts, you can get the latemail for Melbourne & Sydney Racing at
<http://www.cjp.net/melb.htm>

The Mauritius Australia Connection web site receives in excess of 4500 visits daily and provides the Mauritian Community in Australia with a communication network that is accessible online 24/7.

Its mailing lists reach in excess of 3000 subscribers. The message board provides a platform where visitors can network with other visitors not only from Australia, but worldwide.

The Recipes from Australia section has established itself as the most popular Mauritian Cuisine web site on the internet. It consistently achieves top listing on search engines such as Google.

If you did not receive this newsletter directly from us, you subscribe to it by joining our mailing list at

<http://groups.yahoo.com/group/rougaille/join>

Or send us an email at clancy@cjp.net



Foods from Mauritius
Visit <http://ile-maurice.tripod.com>